

Desert Hills Thunder Cross Country



Youth Summer Running Camp

Cost \$50.00

Running is a great way to improve confidence, set goals, and discipline; the ultimate goal is lifelong health and fitness.

Youth runners will play several fun games (i.e. tag, sharks and minnows, foot races, ultimate Frisbee) while meeting and working with current Desert Hills High Cross Country runners. Runners will split into different age groups based on the numbers in each grade. This camp is open to youth K-8th grade. We will meet at the Thunder Stadium (sometimes Little Valley Park) on Tuesdays throughout the summer from 9 – 10:00 am on the following dates: June 10, 17, 24, July 8, 15, 22nd (RACE DAY - ½ mile, 1 mile, 2 mile). Please contact Coach Fielding via email: logan.fielding@washk12.org if you have any questions. **Please sign up for free text message reminders. Text @dhysrc to the number 81010.**

Pay the \$50.00 (through PowerSchool) by Friday, June 6th, and email the registration form to: logan.fielding@washk12.org (You can bring the form on the first day if that is easier.)

Please pay the \$50.00 online through Desert Hills High School via PowerSchool

-Click on PowerSchool - Items at other Schools - High School - Desert Hills High - Athletics - Fall Sports - Cross Country - Cross Country Running Camp K-8th grade

NAME (PLEASE PRINT) _____
Shirt Size Youth _____ or Adult _____ Grade _____ Gender _____

If a youth runs the total marathon distance (26.2 miles) over the entire summer by July 22nd, they will receive a THUNDER CROSS COUNTRY t-shirt.

I permit the above student to participate in the DESERT HILLS YOUTH SUMMER RUNNING CAMP. In giving my permission, I will be responsible for any medical expenses incurred while participating in the camp. My signature verifies that I have medical insurance for the above student.

Parent/Guardian Signature _____
Parent/Guardian Cell Phone and Email _____